



People For a Healthy Community on Gabriola Society

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Press Release

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PHC Community Gardens get welcomed addition.

PHC is pleased to announce that they have received funding from the New Horizons for Seniors Program from the Government of Canada and can now proceed in the construction of a garden for seniors.

Using a corner of the community gardens that can be accessed from the Rollo Seniors' Centre, the "Golden Garden" will be suitable for seniors who are no longer able to garden independently at home but who have always loved to garden.

The PHC Board of Directors have appointed Gillian Elcock to coordinate the project. Gillian has a wealth of experience in working with seniors and in gardening. "I am very excited about this project" she says, "it will be so wonderful for the seniors to not only do some gardening but also to just sit in a beautiful space and watch the garden grow as well as all the activities of other gardeners."

The construction of the garden will rely on volunteers and donations to meet all it's hopes and dreams. Raised beds will need the help of people to construct them; the paths need to be smoothed and covered; garden areas and holes dug out for perennials; benches to be built and maybe even a gazebo if we get the 'know how' and materials to build it!! A team of seniors are already thinking of plans and meeting to strategize how to make the Golden Garden the loveliest of places.

Anyone wanting to offer their labor or materials or just want to get their hands dirty! Please call Gillian at 247-9750 or Barbara at the PHC office 247-7311.